

HCFI PRAYER WEEK GUIDE, JANUARY 2012

"Running the race"

Our dear colleagues,

Once again the Lord gives us the privilege of seeking His face at the beginning of a new year.

Last year we celebrated His faithfulness toward Healthcare Christian Fellowship International ever since it was launched 75 years ago. He is still urging us to share the Good News of salvation with those involved in healthcare across the globe, and to disciple them. In turn they will impact the lives of countless patients and colleagues. What a vision; what a high calling; what unequalled opportunities!

Let us not become weary along the way. He is constantly calling us forward and upward. The Holy Spirit Himself is our source of strength and perseverance. Though the harvest often comes at a high cost, He promises: "Those who sow in tears shall reap with shouts of joy." Psalm 126:5,6

May the Holy Spirit refresh our hearts during this week.

Yours joyfully in His service,

The Prayer Team

Notes:

- * We have drawn much of the content of the Guide from the Comprehensive Bible Commentary of Matthew Henry.
- * Unless otherwise indicated, Scripture verses are quoted from the New King James Version of the Bible.
- * Various Scripture references are given as they relate to the daily studies. You may wish to be selective if you do not have the time to read or study each one.
- * You may find it valuable to use this Guide during the rest of the year also.
- * The Regions are roughly listed in geographical order. Ask the Lord on which countries you should focus. Please refer to the Addendum every day.

**Theme Scripture: "...let us run with endurance the race that is set before us,
looking unto Jesus the author and finisher of our faith..." Heb. 12:1, 2**

DAY 1

THE VISION

God originally created man in His own image and likeness, and gave him dominion over all the earth. He blessed Adam and Eve and commanded them to be fruitful, fill the earth and subdue it. Gen. 1:26-28. The result would be that the earth would be filled with people in the image and likeness of God, who loved, worshipped and obeyed Him wholeheartedly. Man had a God-given responsibility and was accountable to Him.

Since God foresaw that man would disobey Him, He had already - before the foundation of the earth - prepared a sacrificial Lamb, Jesus Christ, to bear away his sin and in this way to reconcile him to his Creator. 1 Peter 1: 18-20, 2 Cor. 5: 18, 19. His will for us is not only to be saved from sin and hell, but also to restore His image in us to "be holy and without blame before Him in love" that our lives might be to His praise and glory. Read Eph. 1: 3-8, 4:22-24, Col. 3:9b,10.

The Lord's vision for HCF is that the Great Commission in healthcare will be fulfilled. Mark 16:15, Matt. 28:18-20. This statement and these Scriptures might be so well-known to us, that we do not pay much attention to them anymore. However, let us take some time to consider how our own lives and activities contribute directly or indirectly to their fulfillment.

God said to the prophet Habakkuk: "Write the vision and make it plain on tablets, that he may run who reads it." Hab. 2:2

Vision statement: HCFI seeks to

- * inspire and equip the local churches with local healthcare workers (healthcare staff, volunteers and chaplains) to minister God's love
- * inspire and equip Christian healthcare workers (within and outside HCFI) to minister God's love
- * provide Total Patient Care for the sick
- * communicate effectively with supporters and pray for them.

This vision is derived from our Lord's command to love God and our neighbour. Also, 1 Corinthians 13 says that if we do not have love, we are useless nobodies (Amp), and 1 John 4 makes it clear that it is this love for our neighbour and our family in the faith that distinguishes us above all else from other people.

The new Mission Statement: HCFI wants to inspire and equip all Christians working in healthcare to make Jesus Christ reality in their daily life and work. The context of this is 2 Corinthians 2:14 "Now thanks be to God who always leads us in triumph in Christ, and through us diffuses (makes evident, manifests, makes visible) the fragrance of Christ among those who are being saved and among those who are perishing."

Accomplishment of this vision globally can only be done together with our partners and with multitudes of local churches who support the HCFI Mission statement and who have a Doctrinal Basis in agreement with those of HCFI and partners.

The entire field of ministry must be covered in prayer according to Matthew 6:9-13: "Our Father in heaven, hallowed be Your name. Your Kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen."

When we intercede and while fulfilling all facets of the ministry which He has entrusted to us, let us keep this vision before us. Without fail it will keep us on track and right in the centre of His will.

Day 1 Praise and prayer requests

Diamond Jubilee World Conference 2011

Since so many fervent petitions were made for the Conference, it would be fitting to return abundant praise to God for all that He has done. Let us praise and thank Him for:

- * the devoted service of every Conference Team member and for how the Lord enabled and upheld each one
- * more than 600 delegates from 80 countries; what a joyful reunion and a time to make many new friends!
- * the presence of students and young graduates
- * the presence of representatives from our networking partner organisations
- * the anointed messages of the main speaker, Dr. Arul Anketell
- * outstanding workshops conducted by highly qualified presenters
- * hundreds of delegates who came forward in response to the appeal to serve God wholeheartedly in the health field. They all need our continual prayers.
- * excellent organisation for translation * exquisite décor
- * many good books available and purchased by delegates; the release in answer to prayer of Francis Grim's book "On the Wings of the Wind" on the last evening of the Conference.
- * visas granted against all odds; God's wonderful provision for airfares; safe traveling
- * first-rate hotel services and good relationships with the hotel staff; finding a suitable bed for each delegate which was rather a challenge due to last-minute changes
- * sufficient finances to pay all expenses
- * the provision of sponsorship for needy delegates
- * the absence of tropical storms and the calm political situation.

Regions 15 and 20

China: *Pray for:*

- * the country to be more open to the work of the Lord; unity amongst believers
- * for members in healthcare ministry - 5 in Shanghai and 2 in Beijing - that they may persevere and remain strong
- * the addition of 8 more persons to be in the core leadership group
- * for more persons in the cities to join the medical fellowship
- * for the churches to recognise the vision of healthcare and join hands in their ministry.

DAY 2 THE EXAMPLE OF JESUS

Jesus knew His origin, purpose and destiny. John 13:3; 6:38.

Consider the source of His joy, His endurance, His death on the Cross, His resurrection, His enthronement, "...who for the joy that was set before Him endured the cross, despising the shame, has sat down at the right hand of the throne of God." Heb. 12:2b; Phil. 2:9; Eph. 1:19-22

He had a clear understanding of God's vision. He could endure suffering throughout His lifetime and in the end the excruciating pain of scourging and crucifixion, because He saw the end result, "For you were slain, and have redeemed us to God by Your blood out of every tribe and tongue and people and nation." Rev. 5:9b.

- "The Lord Jesus – He is the **author** and finisher of our faith – the beginning, the perfecter and the rewarder of it. He is the precedent of our faith because He trusted in God. He is the purchaser of the Spirit of faith, the publisher of the rule of faith, the efficient cause of the grace of faith. He is the **finisher** – He is the fulfiller and the fulfilling of all Scripture promises and prophecies; He is the perfecter of the canon of scripture; He is the finisher of grace, and of the work of faith with power in the souls of his people; He is the judge and rewarder of their faith; He determines who they are that reach the mark, and from Him and in Him, they have the prize.
- "Trials Christ met with in His race and course – He endured the contradiction of sinners against Himself – He bore the opposition that they made to Him, both in their words and behaviour...He endured their evil manners with great patience. Their contradictions were levelled against Himself, against His person as God-man, against His authority, against His preaching. He endured the cross – a painful, ignominious, and accursed death, in which He was numbered with the transgressors, the vilest malefactors; yet all this He endured with invincible patience and resolution. He despised the shame – all the reproaches that were cast upon Him, both in life and at death, He despised; He was infinitely above them; He knew His own innocence and excellency, and despised the ignorance and malice of His despisers.
- "What it was that supported the human soul of Christ under these unparalleled sufferings. It was the joy that was set before Him. He rejoiced to see that by His suffering He should make satisfaction to the injured justice of God...that He should make peace between God and man, that He should seal the covenant of grace and be the Mediator of it, that He should open a way of salvation to the chief of sinners, and that He should effectually save all those whom the Father had given Him. Is. 53:11
- "The reward of His suffering – He has set down at the right hand of the throne of God. Exalted to a station of the highest honour, of the greatest power and influence. He is at the right hand of the Father. Nothing passes between heaven and earth but by Him...He ever lives to make intercession for His people". Matthew Henry's Bible Commentary (We take the liberty of quoting this lengthy passage, since it is most striking as Matthew Henry penned it.)

Day 2 Praise and Prayer Requests

The Global Prayer Summit which followed the World Conference was attended by 187 participants from 45 countries - nearly twice the number expected. Various issues related to healthcare were covered in earnest supplication.

Let us join in volumes of praise to the Almighty, the faithful God of heaven and earth. "For you are great and do wondrous things. You alone are God." Ps. 86:10

Regions 16, 2 and 1

Oceania: Dr. Chelliah Gnanaharan and his wife Padmini write:-

Praise the Lord that: * Vanuatu and Papua New Guinea have applied for membership with HCFI

* the project of placing a Bible in the Bislama language in every household is progressing well. We expect the Bibles to be distributed by March/April 2012.

* partners have agreed to co-sponsor this effort. The Lord's prophecy is coming to pass before our eyes. *Pray* that the Holy Spirit will work in the hearts of the Vanuatu Government and the Council of Churches will give their approval.

Pray for: * the establishment of HCF Victoria to come to pass; special prayer is requested for Sunil & Mary Abraham as they lead the Victorian team

* God's blessing on the February outreach to Papua New Guinea and the June outreach to Vanuatu

* extension of the work to the Solomon Islands, Tonga, Samoa, Cook Islands and Kiribati.

Leonora van Tonder travelling and speaking in **Australia:**

* Feb. 17 to 22 Sydney

* Feb. 23 to 27 Melbourne

* Feb. 27 to March 5 Adelaide

Region 2 Canada

Praise God for: * a small but committed band of prayer warriors in Three Hills, Alberta, led by Dr. Martin and Ann Reedyk. They have faithfully interceded for the needs of HCF and the healthcare field for the past many years.

- * Dr. Segun Oyedokun who is always ready to share the vision of HCF with healthcare personnel.
- * Wanda Thompson who has indicated God's leading to assist Mary Kaldeway with various tasks in HCF
- * Mary's church which is an umbrella body for her until HCF can be registered in Canada.

Pray for: * revival among Christians, including healthcare personnel, so that they will once again be prepared to carry out Jesus' Great Commission with His compassion. (This is urgent!)

- * open doors to churches and healthcare facilities to help equip people to compassionately share Christ with the suffering and those who surround them
- * fruitful networking opportunities with like-minded Christian organizations/churches for training and outreaches
- * the Lord to raise up God-fearing leaders for Canada's healthcare system and for HCF in Canada so that we may unitedly work toward the necessary changes for God's glory.

Region 1 USA

Aubrey Beauchamp sent the following praise and prayer items:

Praise the Lord for: * many opportunities for and a greater awareness of the need for spiritual care

* various ministries that have similar visions as HCF and the blessing of working together with them towards the goal of integrating spiritual values into healthcare

* the continuation of 'A New Heart' publication and the 'Compassionate Care for the Sick and Hurting' seminar that is given in many locations throughout our nation

Pray for: * continued inspiration and financial support to continue 'A New Heart' publication and for the 'Compassionate Care' seminars to impact those who take this course

* effective networking with: Medical Strategic Network (www.GoMETS.org), Oasis Medical Fellowship in Houston, TX (Dr. Imad Jarjour (oasistmc@gmail.com), Nurses Christian Fellowship, Christian Medical & Dental Society, Arab Christian Medical Association ACMA, (Dr. Lamy Jarjour in Los Angeles, CA area) and others

* all Christians in healthcare - nurses, doctors, chaplains, technicians and others, that they may seize opportunities to share their faith, pray with patients and colleagues and lead them to the Cross and salvation.

DAY 3 REQUIREMENTS AND PREPARATIONS FOR RUNNING THE CHRISTIAN RACE

The race is only for those who *belong to Christ*. It begins at the moment of rebirth. It is a race of faith. "The host of faithful followers of God bear witness to the truth that God blesses the life of faith"¹. Hebrews 12 starts with the word "Therefore" referring to the heroes of faith in chapter 11.

We need to run by the *power of the Holy Spirit*, depending on Him alone for strength. While running the race we wait on Him for empowerment. Acts 1:8, Isaiah 40:29-31, 2 Cor. 12: 9,10.

Participants in a race need to be *appropriately dressed*. Any unnecessary weight will prove to be a hindrance. "...let us strip off and throw aside every encumbrance (unnecessary weight) and that sin which so readily (deftly and cleverly) clings to and entangles us..." Heb. 12:1(Amp). Paul writes about *putting off* or laying aside sinful habits and instead *putting on* Christ-likeness. Eph. 4: 20-32; Col 3:12-14, Rom. 13:14.

Matthew Henry explains it beautifully: "*Lay aside every weight*, and the sin...every weight, all inordinate affections and concern for the body, and the present life and world (1 John 2: 15-17). Inordinate care for the present life, or fondness for it, is a dead weight upon the soul, that pulls it down when it should ascend upwards, and pulls it back when it should press forward; it makes duty and difficulties harder and heavier than they should be. The sin that doth so easily beset us; the sin that has the greatest advantage against us, by the circumstances we are in, our constitution, our company. Let us lay aside all external and internal hindrances".

Training and the *right diet* are needed to keep an athlete in proper shape. "Keep yourself in training for a godly life. Physical exercise has some value, but spiritual exercise is valuable in every way, because it promises life both for the present and for the future" 1 Tim. 4: 7b, 8 (GNB)

A striking article written by Lynda Scott (Elle Ministries) with the heading "Pressure creates change" tells of her experiences at the gym: the instructor explained that it is slow, controlled, regular resistance against the weight bars that builds muscles and changes the shape of our body. The same is true for spiritual training. The pressures we face create change in us and

1 Quoting from the New Living Study Bible

build spiritual muscle. Life's pressures force us to realize our need for Jesus, and how dependent we are on Him for wisdom, strength, guidance and provision.

"Our Lord Jesus, the captain of our salvation, does not call His people out to the hardest trials at first, but wisely trains them up by less sufferings to be prepared for greater" Matthew Henry. God's dealings with Moses preparing him to lead His people out of Egypt to Canaan, is a good example of God's training school.

Consistent obedience to the coach is required for the athlete to train effectively. Unlike an earthly athlete, we only receive the prize at the end of our lives. Therefore our training lasts a lifetime and requires ongoing submission to the Lordship of Christ.

Think of the example of Abraham when God told him to offer up his only son, Isaac whom he loved. Without questioning the Almighty, he left early the next morning to do what the Lord had commanded him. He was rewarded, not only by receiving the son of promise back from the dead as it were, but God confirmed His great promises to him. Abraham was called God's friend. Gen. 22:1-18; 2 Chron. 20:7; Heb. 11:17-19.

Bob Sorge writes: "By 'radical obedience' I mean immediate obedience that fulfills the commandments to its fullest measure. Radical obedience does not seek to comply to the minimal standards of the world but pursues extravagant, lavish fulfillment... Jesus said obedience is the proof of love, and love brings us into incredible intimacy with the Father."²

Faith and trust: These two go together. One can only follow and obey a person whom you trust. This requires a personal relationship and time spent in each other's presence. We know that God is wholly faithful and reliable. As we spend quality time with Him in worship, prayer and the Word (reading, studying, meditation and application) a trust relationship is built, "But what does it say? 'The word is near you, in your mouth and in your heart' (that is, the word of faith which we preach.) ... So then *faith* comes by hearing, and hearing by the Word of God." Rom. 10:8 and 17 (italics added). Unbelief is a very subtle sin and greatly hinders the power of God. Matt. 13:58.

Holiness: It means to be set apart for God and for His purposes. Luke 1:74,75; 2 Cor. 7:1; Heb. 12:10; 1 Peter 1:15,16. In the midst of much corruption, immorality and other evil practices, God calls His people in healthcare to be holy in all our conduct. Let us pray for one another to stand firm against ungodliness.

Humility: Read and meditate on Phil. 2:5-8

Selflessness and servant-hood: John 13:1-5, 12-17. After washing their feet, Jesus told His disciples to follow His example of servant-hood.

Application: Consider how your life measures up to the above requirements. Ask the Lord that they may be developed more fully in you and become an inspiration to others.

Day 3 Praise and Prayer Requests

On the International front:

- * *Praise* for our many networking partners; *pray* for good working relationships at the "grassroots" level.
- * *Praise* for the vision of the potential of multitudes of churches globally to become involved in healthcare. Many Christian healthcare workers are in these churches and neither HCFI nor our partners are in contact with them; *pray* for wisdom in practically implementing this vision. *Pray* for pastors and other church leaders to have hearts already prepared by the Lord to identify with the vision.
- * *Praise* God for the many dedicated staff and leaders in HCFI. The harvest is great but the labourers few, so *pray* the Lord of the harvest to send many more labourers into HCFI; *pray* for an increasing number of students to be contacted, called of the Lord, and trained.
- * *Praise* for the many and varied training materials available in HCFI; *pray* that many more of these will become available in the 6 most influential languages of the world, namely English, French, Spanish, Russian, Arabic and Chinese. *Pray* for competent translators.
- * *Praise* for the technological tools available for the spread of the vision and of training materials; *pray* for people with a call and training to develop these facilities in HCFI and to develop websites in these 6 most influential languages.

Regions 5,4 and 3

Central America: Chrystabel Parchment writes:

As Regional Promoter I am very thankful that I was able to participate in the Diamond Jubilee Celebration in Manila, the International Team meeting and Prayer Summit. It was a privilege to serve on the registration and translating team.

Praise: * that Honduras could attend the World Conference and the Prayer Summit. The National Coordinator and 3 other members represented the country.

* for the existence of National HCF groups in Guatemala, El Salvador, Honduras and Cuba. We are also working in partnership with a group in Costa Rica.

2 "Secrets of the Secret Place", Bob Sorge, Oasis House, Kansas City, Missouri, 2008, p.14 & 16

- * that I could attend the Christian Medical and Dental Association's first Mesoamerican, Central American and Salvadorian Conference held in San Salvador in October 2011
- * for the opportunity to plan together with ASOCRIP their first Central American Conference and the 6th HCFI Central American Conference to be held in San Jose, Costa Rica from Nov. 9th -11, 2012
- Pray for:*
 - * Chrystabel to be able to visit the various countries in her Region this year
 - * the development of Guatemala's Community Health Ministry and the building of Hebron Guatemala
 - * the planning and promotion of the Central American HCFI Conference
 - * the planning of 2012 activities including strategies discussed during the International Team Meeting in the Philippines
 - * the development of at least 4 local HCF groups in other districts of Honduras
 - * the organization of HCF in Nicaragua.

Dr. Vernon Hiebert shares the following: In the **Southern Cone of Latin America**, we face the situation that HCF workers who passed away have no successors. This is the situation in Chile, Argentina, Brazil and Uruguay. Silvia Malanga is trying with great effort to keep the vision burning.

We look forward to new input through Saline Courses during 2012.

DAY 4 THE RACE

We run the race that is already prepared for us. Eph. 2:10. The course has been marked out. The finish line is when we have done the will of God and completed the ministry to which He called us. John 17:4, Acts 20:24, 2 Tim. 4: 7 "Every Christian is enlisted under Christ's banner, to strive against sin, against sinful doctrines, sinful practices, and sinful habits and customs, both in ourselves and in others". Matthew Henry. Heb. 12:4.

Christian healthcare workers are constantly engaged in striving against opposing forces in healthcare, for example the practice of abortion, euthanasia, new age medicine, bribery, love of money and power, immorality including homosexuality and lesbianism, exploitation, laziness and laxity. The Word exhorts us to stand firm on God's promises in order to "escape the depravity that is in the world through lust." 2 Peter 1:3, 4. We can be confident of victory in Jesus Christ, "For by You I can run against a troop..." Psalm 18:29a, "You have overcome them, because He who is in you is greater than he who is in the world." 1 John 4:4

The race has a *set time*: In His sovereignty God has determined what should happen at a given time. "To everything there is a season, a time for every purpose under heaven" Eccl. 3:1. "But when the fullness of the time had come, God sent forth His Son... to redeem us...that we might receive the adoption as sons." Gal. 4:4,5.

There are *rules* that ought to be adhered to. "And also if anyone competes in athletics, he is not crowned unless he competes according to the rules." 2 Tim. 2:5. *What are the "rules"?* Refer to day 3 where we have set out some requirements of the Christian race. Which others can you think of? Considering rules, how do we stay clear of legalism? How do we avoid competing like the world does?

Running as a team: We are not running alone. As members of the Body of Christ, we need one another to reach the goal. Each member has his/her unique blend of temperament, skills and talents, spiritual gifts and set of life experiences. We need to cover each other's weaknesses and enhance each other's strengths, always having Christ Jesus at the centre of our relationships and loving one another fervently from a pure heart.

In a relay race there are partners involved. The athlete, who will receive the baton, needs to wait in readiness; the one passing it on should have an open hand. Discuss how this metaphor could be applied in discipleship and mentoring.

Running towards the mark: To reach the finish line, we need discipline and determination. We cannot afford to look back. Luke 9:62. Take time to reflect on the following important Scripture passages relevant to our theme: 1 Cor. 9:24-27, Phil. 2:16, 3:12-14. Write down key-words and phrases.

Day 4 Praise and Prayer Requests

Training Courses to be conducted at Hebron, South Africa:

6 Day Courses:

Feb. 1 -18	Love Relationship with God, Prayer in the Health Field, Stewardship
March 11 -17	Divine Plumblines
April 15 -21	Interpersonal Relationships, Biblical Health Field Ethics, Visitation of the Sick

Basic Course:

Feb. 1 -28	Module 1
March 4 -29	Module 2

April 5 -28 Module 3

Special Courses:

May – dates to be determined

International Saline and Training of Trainers

National Coordinators Course

French Training Courses :

Oct. and Nov. Leadership and Hospital Ministry

Contact: Madituka Beyo - ebeyo@yahoo.fr or groubig@yahoo.fr

Regions 7, 6, 18 and 17

Region 7 Europe

Praise for: * monthly Skype meetings with the people representing the 4 Regions of Europe bringing us together with one burden and one vision on this continent

* team-building and fellowship through the annual European Prayer Retreat in January

Prayer: * may God raise up people like Gideon in healthcare in Europe who are filled with the confidence of the Lord, love and compassion and ready for battle! Among them a new generation full of passion (Timothy) and an older generation full of wisdom (Paul) to work as collaborators for the furtherance of the Kingdom.

* wisdom to network with other ministries working in the healthcare field since we have many in Europe.

Region 18 Central and Eastern Europe

Romania:

The Potter's House is a home for orphans and children who seem to have no future in life:

* *Thank the Lord* that the children have new winter coats and school supplies; *pray* for winter shoes.

* *Intercede* for their school time, education, salvation, needs for affection, healing of emotional trauma and their families.

Children: Toni, Loredan, Alex, Rebeca, Timeea, Denis, Marius, Karla, Mihaela, Gabriela, Mioara, Cristina, Claudiu, Sabin, Nicoleta, Anisia, Patricia, Alex, Natalia, Loredana, Radu and Cristi.

* As we have already been given accreditation twice and prepare to apply for the third one, it was time for inspection from the Child Protection, Mayor's office and National Work department. *We praise God* for His help and the good name He gave us throughout these 11 years of activity. Every report was good.

* The children's daily program is developed by Beni the teacher, Nuti the psychologist, Sarah the social worker, Sister Do the cook, and Dr. Oana Ciucure and her husband Nelu. Students from the university of social work volunteer their services. *Pray for* volunteers in craft and the English language.

* Dr. Oana who is the heart of the Potter's house, suffers from multiple sclerosis. *Praise God* for her perseverance in ministry despite health problems. *Pray for* healing and that the Lord's name may be glorified. She also works full-time in a clinic as medical doctor.

* *Please pray for* the heating system in Nelu and Oana's new home to be finished as winter is very severe in Romania. She writes: "It is a time when we all run to find solutions to survive this time of crisis. Our prayer is that we all, as children of God, might stay under the shelter of our Almighty God who fed His children with manna in the desert and gave them water from the rock. He is the Same ALMIGHTY GOD able yesterday, today and forever. May our hearts be at peace and all worries given to Him."

Region 17 British Isles

We are about to enter the 5th year of our 'Seven Years of Prayer for Healthcare' initiative. The Lord has done so much already, for example the church is beginning to come alongside healthcare professionals in a variety of tangible and effective ways.

Parish Nursing continues to expand nationally. This timely ministry allows professionally qualified and theologically trained nurses to work in the community as part of the pastoral team of a church. Currently approximately 70 projects are ongoing in England, Scotland and Wales.

Primary Care General Practitioner practices and training courses emphasising Total Patient Care are springing up in many places and are in the forefront of the battle for healthcare in our country. These projects are bringing a practical expression of Biblical healthcare concepts to communities.

Pray for patients to be open to discuss spiritual issues and that Christian staff would have opportunities to respond. There continue to be cases of Christian staff being disciplined and dismissed for sharing their faith. *Pray for* the Christian Concern and their legal team as they support these staff and battle in the courts on their behalf. Abortion and euthanasia continue to be areas for spiritual battle.

Scotland:

Pray for: * wisdom and direction in the way forward

* fruitful co-operation with other Christian healthcare organisations

* growth with impact amongst our contacts

* guidance and provision for the idea of a more interactive website and the possibility of producing a DVD to promote the work of HCF and Healthcare Sunday.

England: *Praise the Lord* for contacts made during the World Conference in Manila; *pray for* fruitful follow up.

Pray for: * Nomsa and Robson to start a group in their hospital in Chesterfield; *praise* for the chaplain's support.

* Brenda McCall and her husband to settle into their temporary home while their house is being rebuilt following a fire; for the new building to be finished as soon as possible, for new furniture and fittings.

* our regular Skype prayer meeting to grow in depth and numbers.

Praise for: * the Prayer House in Kettering opposite the hospital. *Please pray for* Dr. Segaren's health to improve following his vision and generosity in establishing Prayer House.

Wales:

At the end of last year the Evangelical Alliance in Wales chose Mental Health and the Church as the theme for its autumn conference, bringing together church leaders and mental health professionals for inspirational dialogue. This was a real answer to prayer as mental health was the prayer focus for the previous Healthcare Sunday!

A local initiative that is gradually becoming nationally known is 'God Loves the NHS' (National Health Service). These are days of celebration and fantastic opportunities for the church to recognise and bless healthcare and healthcare workers. In 2012 celebrations are planned in Liverpool and London.

HCF Ireland: * *Please pray* for staff and patients as they experience difficulties and frustration due to the centralization of services, i.e. accident and emergency units, specialist services and hospital appointments. This is causing increased travel, longer waiting lists and increased stress and anxiety. There are also severe cutbacks in support staff.

* *Pray* that more General Practitioners will use generic medicines instead of the more expensive ones being pushed by the drug companies. *Praise for* GP's who already save money by using generic medicines.

* *Management:* The largest cause of stress to healthcare staff is caused by poor management at all levels. *Pray* for those with appropriate skills and experience to be in positions of responsibility.

DAY 5 PERSEVERANCE/ ENDURANCE

Not only is it important to start off well. Finishing well is of even greater importance. "Jesus' best work was His final work, and His strongest step was His last step. Our Master is the classic example of one who endured."³

"This race must be run with patience and perseverance. There will be need of patience to encounter the difficulties that lie in our way, of perseverance to resist all temptations to desist or turn aside. Faith and patience are the conquering graces, and therefore must be always cultivated and kept in lively exercise." Matthew Henry.

We will be encouraged by those who have gone before us, first and foremost of course, by our Lord Jesus Christ who is the "forerunner" (Heb. 6:20). Moses "endured as seeing Him who is invisible" (Heb. 11:27). The apostle Paul is also a magnificent model. Read Acts 20: 24

Sadly we read in God's Word of people who started well and finished poorly. Think of such persons as King Solomon whose heart was lead astray to idols by his many foreign wives (1 Kings 11: 1-10) and Demas who left Paul because of his love for the world (2 Tim. 4:10). Others who failed and were repentant, were restored again, for example King David after his adultery with Bathsheba and consequent murder of Uriah, and the apostle Peter after his denial of Christ.

Trials, obstacles and distractions will come our way as we press on to reach the mark. The devil will always try to trip us up. However, while the enemy tries to use hurdles and hindrances to harm us, God uses them to equip us and make us more than overcomers. Rom. 8:28, 37-39; John 10:10. "Therefore strengthen the hands which hang down, and the feeble knees, and make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed." Hebrew 12: 12,13

Possible pitfalls in healthcare: pride, unbelief (Heb. 3:19 and 4:2), fear (compare the reaction of the ten spies with the attitude of Joshua and Caleb in Numbers 13:1-3, 17-33; 14:6-9), materialism (Matt. 6:24), legalism (Gal. 3:1-3; 5:1,4,7), idolatry – anything that is more important to us than God. Think of other pitfalls relevant to your situation.

Our enemies:

* *the world* is constantly trying to press us into its mould, i.e. the generally accepted way of thinking, behaviour, norms and values. Read Romans 12:1,2 and 1 John 2:15,16.

3 "Just like Jesus", Max Lucado, Word Publishers, 1998, p. 155

* *the flesh* which can also be called the old man or our sinful nature which is directly opposed to the will of God. Gal. 5: 16-26; Rom. 8: 5-8

* *the evil one*: the devil and all evil spirits and powers. Eph. 6:11,12.

In Christ and by His grace we can overcome every temptation, "because He who is in you is greater than he who is in the world." 1 John 4:4. (1 Cor. 10:13)

The fiercer the battle becomes, the more we rely on our Redeemer's complete victory over sin, hell and the devil. Consider also Rev. 12:11

Care on the way enables us to persevere: Our Good Shepherd restores our souls, binds up our wounds, comforts us, wards off the foe, gives us the necessary rest and feeds us. Psalm 23; Isaiah 40:11; Ez. 34:11-16. The Lord also uses us to care for one another by loving each other unconditionally, cheering each other on, offering a cup of cold water, lifting up those who stumble and fall, taking care of injuries and lightening one another's burdens. We are told to carry each other's burdens and gently restore those who have gone astray. Gal. 6:1, 2; 1 Thess. 5:14.

Hope: During desert experiences and through times of darkness, the Morning Star beckons us on.

Preventing burn-out:

- * team-work in which burdens are shared according to the capacity of each member
- * rest one day in seven
- * regular holidays
- * mentoring and delegation

When we have learnt to endure, we will be able to handle opposition, persecution and failure.

Day 5 Praise and Prayer Requests

Regions 9,10,11,12 and Atlantic Ocean Islands

Dr. Anaclet Tshilumba writes for **Region 10, French speaking Africa**

* *Praise* God for the first presentation of the HCFI vision in Bamako, Mali, in October 2011 by Pastor Marc Coulibaly. 20 persons attended the meeting.

* *Pray* for a 4 week HCF training course to be organized in September 2012 in Benin.

* We have lost contacts in Gabon, Equatorial Guinea, Senegal and Sao Tome. May God help us to get new contacts in these countries.

* We seek contacts in Cape Verde and Canary Islands. May God open doors for us in these countries.

* Since 2008 I have been in touch with a missionary from Ivory Coast who was working in Mauritania. When I met him in Togo, he was very interested in the vision. We corresponded about my possible visit to Mauritania. One day he found his American colleague who had just been killed, in front of their office. For several months now I have had no information from my contact. May God protect him and his wife if they are still alive.

* May all 19 countries in Region 10 as well as the English speaking countries in West Africa be represented at our Regional Conference which is being planned to take place in the Ivory Coast in 2014. Each National Fellowship and all our key-persons need to be mobilised. *Pray* for good communication with the National Action Teams. *Pray* that representatives from local churches as well as our other partners will attend this conference.

* *Pray* for National Fellowships to honour their commitment to support the Regional work financially.

Democratic Republic of the Congo (Kinshasa):

Praise for: * the Lord's help during 2011 in organising visits to 5 provinces as well as 4 provincial conferences (in Bas-Congo, Equateur, Katanga and Kinshasa); those who committed their lives to Christ.

* a special annual day during the WHO where people from the healthcare field are exposed to the Gospel.

Pray for: * the National Conference in August. We hope to work in partnership with CASS (French Swiss HCF).

* stability and peace in the country after the elections

* collaboration with churches and other organisations

* HCF members and all healthcare Christian staff to have an impact for Christ where they work and live

* the implementation of new strategies to win more people to Christ according to the Manila vision.

Liberia: * *Praise* the Lord for providing for Edward Togba to attend the Conference in Manila.

* *Pray* for the provision of a vehicle for the National Coordinator to facilitate his work

* *Trust God* for funds for completing the HCF Headquarters project.

Nigeria: *Praise* God for the success of the National Prayer Conference in Sept. 2011 which was well attended.

Pray for: * funds for completing our National headquarters project which includes a comprehensive Health Centre

- * God's provision for the Regional Promoter, Sam Amaechi, to undertake a trip to Ghana in 2012
- * the proposed Region 11 Conference in 2012.

Region 12 Southern Africa

Thank the Lord for: * 7 member countries represented at the World Conference in Manila

* young people involved in HCF and ongoing mentorship of those in leadership positions.

Intercede for: * the Regional Promoter, Dr. Mandla Mashabane and his family for wisdom, guidance and provision as he leads the work in the Region.

* Tumeka Ndikandika, the Regional Secretary, requests prayer for plans to travel in the Region from 2012 onwards; travelling companions within the countries; the ability to learn French and Portuguese; obtaining a driver's licence; good health.

* Priscilla Afeke as she coordinates prayer in the Region; God's provision and protection in all respects.

* all the countries in the Region to tithe monthly to the Regional Office.

Lesotho:

Basotho are clans and chiefdoms of southern Sotho people formed by Moshoeshe the First who actually founded the nation on the "peace" that was preached by missionaries in 1818. The nation is thus founded on Christian principles.

General prayer requests for the country: * a spiritual awakening, returning to its origins, Jer.6:16

* general elections to be held in February/March 2012

* employment, especially of new graduates (unemployment rates are very high)

* prevention and treatment of HIV/AIDS - Lesotho has the 3rd highest prevalence in the world

* the plight of an increasing number of orphans who are shown no compassion, but only exploited.

Health issues: * HCF National Action Team - God to raise up people committed to the vision to fill the gaps left by retired and deceased members

* matters related to the demolishing of the Queen Elizabeth II hospital, the country's referral and teaching hospital that has been in operation since 1957:

+ transition to a new hospital, Ts'epong, to lead to the furtherance of God's kingdom

+ an opportunity to share the HCF vision with the hospital management of Ts'epong, challenging them to have a chaplaincy.

Students' ministry: * continued Christian leadership as students graduate and leave colleges

* motor ministry – the National Health Training College to reach out to all training institutes with the HCF vision by the end of 2012

* the curricula in all training institutes to be Christ-centred

* the new generation of professionals to be effective representatives of the Great Physician.

Madagascar:

* Prayer must be a top priority in FMK.

* Pray that God will open the hearts of those responsible to give us a site for the development of an FMK complex at Cenhosoa. May God grant us His favour in the construction of the building.

* The 25th anniversary of FMK will be in August/September 2012. We pray that a number of health members will join in the celebrations and be refreshed by the abundance of God's blessings.

* Pray for additional people to take responsibility in leadership.

* Out of the 22 regions, only 3 regions have no FMK. Pray that by next year FMK will cover all of Madagascar. * During the conference at Tulear in August 2011, a number of leaders agreed to be a light for Christ in their workplaces. Pray that they will remain firm in their conviction.

* Ask God that partnership will be developed within.

* For our nation: May Malagasy people fear God and not practice customs and traditions against Christianity.

* Pray that the fight against corruption will be one of our priorities.

South Africa:

Pray for the reaching of the following targets: * Goals were set at the International Team Meetings in keeping with HCFI's goal to equip 1,000,000 witnesses in healthcare during the next 5 years. HCF South Africa is working towards equipping 1,500 witnesses in the next 5 years. Our 3 year goals are:

+ at least 50 healthcare staff to accept Christ monthly - 1,800 by February 2014

+ at least 250 patients accepting Christ monthly - 9,000 by 2014

+ 10% yearly increase of active HCF groups in each of the 9 provinces

+ at least 4 new full-time staff and 6 new associate staff - young people with necessary skills - by 2014

+ full-time staff workers to have adequate prayer, moral and financial support by 2014.

Pray for: * the impact of all associate staff workers

- * wise leadership and passionate hearts for the National Action Team: Erica, Chairperson; Bertha, Evangelism; Olga assisted by Timothy, Discipleship; Patricia, Prayer; Timothy, Media; Mandla, Development; Christine, Finances; Libuseng, Conferences and Mncedi, Student Ministry. Provincial Leaders: Timothy, Tembela, Hlazo, Masego, Jaco, Priscilla, Diamond, Mncedi, Puseletso
- * effective networking with partners from Christian Medical Fellowship, HospiVision, Institute of Christian Psychology and Private Hospitals represented by Dr. Tommy Gray.
- * Leonora van Tonder will visit South Africa to meet prayer partners and to address HCF groups:
 - + Jan. 17 - Feb. 6 Cape Town and surroundings
 - + Feb. 7 - 13 Gauteng

Zambia:

Praise God: * for peaceful elections last year. We are hopeful that the new Government will be led by the Holy Spirit to lead us in line with Godly principles.

* open doors for HCF, CMF and NCF to work together as partners in Zambia.

Pray for: * the leaders of HCF namely the National Coordinator, Gervaz Tembo and Board Members; ask God for more leaders

* the formation of functional HCF structures at a national level and in all 9 provinces of Zambia

* for effective Boards and Action Teams

* the hosting of the HCF Regional Conference in 2014

* more trained full-time and part-time HCF staff

* Hope Radio Trust is an infusion Radio Station run by HCF. It is currently confined to the University Teaching Hospital. Christian and health related programs are broadcast through speakers in the wards. We applied for a frequency with the Government for wider coverage. Jesus must be preached.

DAY 6 THE WILLINGNESS TO SUFFER

"The word *race* is from the Greek *agon*, from which we get the word *agony*. The Christian's race is not a jog but rather a demanding and grueling, sometimes agonizing race. It takes a massive effort to finish strong." 4 Before he started his ministry, the Lord said of Paul: "... he is a chosen vessel of Mine to bear My name before Gentiles, kings and the children of Israel. For I will show him how many things he must suffer for My name's sake." Acts 9: 15,16; 2 Cor. 11:23-28

"Our duty is to **Look unto him** – setting him continually before us as our example, and our great encouragement; we must look to Him for direction, for assistance, and for acceptance, in all our suffering. We must **consider Him**, meditate much upon Him, and reason with ourselves from His case to our own. We must analogize – compare Christ's suffering and ours, and we shall find that as his sufferings far exceeds ours, in the nature and measure of them, so his patience far excels ours, and is a perfect pattern for us to imitate." Matthew Henry

Overcoming adverse circumstances in the health fields today: shortage of staff, disregard of the sanctity of life, misunderstanding and conflicts in relationships, hardness of hearts towards the Gospel and the standards of Christ, Christian managers in *healthcare not standing up for righteousness*.

What should our response be when we suffer for Christ's sake? Study 1 Peter 2:19 – 23 and 4:12-16

The Lord is always with us, ready to strengthen and console through *the ministry of the Holy Spirit* : The Greek word for Holy Spirit is *parakletos* which means counselor, intercessor, helper, one who encourages and comforts.⁵ *The Scriptures too are written for our comfort:* "For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope." Rom. 15:4.

Romans 8:18, 28-39, 2 Cor. 4:16-18 and Rev. 21:4 are examples of Scriptures which are wonderfully comforting.

How can we be involved in helping those from persecuted countries?

Visit the website of Open doors – marketing@opendoors.org.za or www.opendoors.org.za

Day 6 Praise and Prayer requests:

Regions 8 and 19

Region 8 Middle East and North Africa

4 "Just like Jesus", Max Lucado, Word Publishers, 1998, p. 155

5 The strongest Strong's Concordance

This Region is especially sensitive because of the dramatic changes of governments in several countries. The international news makes us aware of the hope as well as the deep suffering of the people. Through these remarkable events, we can see once more how healthcare services are in the front-line. The vision of HCF is more relevant now than ever before.

Pray for: * God's protection for Christian healthcare workers

* good team-work with other Christian organizations ministering to healthcare workers

* effective outreaches

* Josette Ordovini has been invited to visit Lebanon during 2012 and desires to visit surrounding countries also

* the 50th anniversary of HCF in Egypt in September 2012

* the release of gifted people and open doors for healthcare programs on Christian television by satellite. Television is widely used in this Region.

Pray that we may set our minds and hearts to stay firm in times of suffering and persecution because of the love of Christ poured out in our hearts by the Holy Spirit. Rom. 5:5, Rev. 12:11

DAY 7 THE REWARDS

Praise the Lord for His example, "...who for the joy that was set before Him endured the cross, despising the shame, and has set down at the right hand of the throne of God." (Heb.12:2)

As we run the race we, like Paul, "press toward the goal for the prize of the upward call of God in Christ Jesus." (Phil. 3:14) May we, like him, be able to say "I have fought the good fight, I have finished the race, I have kept the faith." (2 Tim. 4:7)

Because of His abounding grace, God has told us of the crowns we may be given in heaven:

* *The crown of righteousness* for those who have finished the race and "to all who have loved His appearing."

2 Tim. 4:8

* *The crown of life* for those who have endured temptation and who love the Lord. James 1:12. Also for those who were "faithful until death." Rev. 3:11

* *The crown of glory* for those who have served God's people with the right motives. 1 Pet. 5:1-4

* *The imperishable crown* for those who have run the race in such a way as to obtain this reward.

1 Cor. 9:24-27

Even if we did everything Jesus commanded us, He said we are to regard ourselves as unprofitable servants, having only done what was our duty to do (Luke 17:10). Who has attained to this standard? Not even the apostle Paul. Yet in His grace, our Lord holds out these rewards for us! In heaven we will assuredly follow the example of the 24 elders: we will fall down before Him who sits on the throne and worship Him who lives forever and ever. We will cast our crowns before the throne, saying: "You are worthy, O Lord, to receive glory and honor and power." Rev. 4:10,11

As the Prayer Week draws to a close, let us be exhorted again by our theme Scripture. The Good News Bible renders it as follows:

"As for us, we have this large crowd of witnesses around us. So then, let us rid ourselves of everything that gets in the way, and of the sin which holds on to us so tightly, and let us run with determination the race that lies before us.

"Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end. He did not give up because of the cross! On the contrary, because of the joy that was waiting for him, he thought nothing of the disgrace of dying on the cross, and he is now seated at the right side of God's throne.

"Think of what he went through; how he put up with so much hatred from sinners! So do not let yourselves become discouraged and give up." Heb. 12:1-3 (GNB)

Give unto the LORD the glory due to His name. Ps.29:2

Let us give Him glory in the words of Fanny Crosby's hymn:-

1. To God be the glory! Great things He hath done: So loved He the world that He gave us His Son; who yielded His life an atonement for sin, and opened the Life gate that all may go in.

2. Oh, perfect redemption, the purchase of blood, to every believer the promise of God; The vilest offender who truly believes, that moment from Jesus a pardon receives.

3. Great things He hath taught us, great things He hath done, and great our rejoicing thro' Jesus the Son. But purer, and higher, and greater will be, Our wonder, our worship, when Jesus we see.

Praise the Lord! praise the Lord! Let the earth hear His voice!

Praise the Lord! praise the Lord! Let the people rejoice!

Oh, come to the Father thro' Jesus the Son; And give Him the glory! Great things He hath done!

Day 7 Regions 13 and 14

Praise the Lord for: * training conducted over the past 10 years at the Hebron Manila Base

* those who have been trained, many of whom are serving the Lord in the health fields of their countries

* 108 students from 17 countries who have followed the courses over the past years.

Pray for: * the person of God's choice to take over the leadership of the Training Base in Manila as soon as possible

* the fulfillment of God's promises for expansion of the property according to Gen 13:14-17 given in 2002 at the dedication of the building and graduation of the first course

* someone prepared by the Lord to take over the task of Dr. Grace Ramirez who oversees the running of the place, maintenance, meals for the students, etc.

* additional teachers so that more training courses can be conducted

* the persons of God's choice for the 2012 courses:

+ April 2 - June 23 3 months Discipleship Course

+ July 2 - Aug. 25 Modules 4 and 5

+ Sept. 3 - 29. Advanced Leadership Course

Singapore:

Pray for: * Dr. Arul Anketell 's visit to Singapore to minister to medicals, Jan. 6-10, for open hearts and ears to understand what the Spirit is saying and doing

* Dr. Boey ML's visit to Yangon, Feb. 1-6 to teach and strengthen the brethren in Myanmar * her accompanying Leonora van Tonder to Sydney Feb. 17-22 to make more contacts with Australian medicals

* Dr. S. Chew's participation in the HCF Cambodia CME outreach, Phnom Penh, March 23 and 24, for receptive hearts and a bountiful harvest

* Singapore will be hosting the 2013 HCF Regional Conference. Pray for wisdom, a suitable venue, dates, speakers, etc.

INTERNATIONAL TEAM MEMBERS UPDATED DECEMBER 2011

Sam Amaechi	Regional Promoter, Region 11
Brother Andrew	HCFI Promoter at Large
Dr. Arul Anketell	Regional Promoter, Region 13; International Board
Bernard Bakunda	Regional Promoter, Region 9
Dr. Karl Bandlien	International Board Member
Aubrey Beauchamp	Regional Promoter, Region 1
Madituka Beyo	International Trainer
Dr. Boey Mee Leng	International Board Member
Dr. Clarence Charles	Promoter for Northern Region, Caribbean
V.O. Cherian	International Prayer Officer
Maggie Cillie	Hostess Hebron
Rev. Kiruba Daniel	International Trainer
Dr. Christelle Delameilleure	HCFI Research and Development Consultant
Dr. Chelliah Gnanaharan	Regional Promoter, Region 16
Carl Grim	Financial Consultant
Erasmia Grim	International Administrator
Rev. Dr. Dalby Hams	International Board Member
Dr. Vernon Hiebert	Regional Chairman, Region 5
Rev Chan Kyu Hwang	Regional Promoter, Region 15
Mary Kaldeway	International Trainer
Rev. Samuel (Seungbum) Kim	Deputy Director of International Ministries
Dr. Mandla Mashabane	Regional Promoter, Region 12
Dr. George McDonald	President, International Board
Tumeka Ndikandika	Regional Secretary, Region 12
Olga Ngwadla	International Trainer
Josette Ordovini	Regional Promoter, Region 8
Dr. Segun Oyedokun	Regional Contact Person, Region 2
Chrystabel Parchment	Regional Promoter, Region 4
Helga Penzhorn	Prayer Ministry
Dr. Jovita Petrulyte	Regional Contact Person, Region 18
Dr. Rajan Rajasingham	Training Coordinator, South Asia Base
Rev. Dr. Kenneth Ragoonath	International Board member
Faith Ragoonath	Regional Promoter, Region 3
Marilyn Rollier	Regional Contact Person, Region 7
Miriam Salas	International Trainer
Angelina Sandy	International Training Promoter
Inga Sorig	Regional Contact Person, Region 6
Molly Stead	International Trainer
Dr. Chris Steyn	International Coordinator; International Board member
Ann Silvester	Regional Promoter, Region 17
Dr. James Tomlinson	ICMDA Networking
Dr. Anaclet Tshilumba Ngandu	Regional Promoter, Region 10
Alet Uittenbogaard	Itinerant Trainer
Leonora van Tonder	Itinerant Promoter
Dr. David Wong	Chairman Regional Team, S E Asia

Serving on the Regional Team British Isles and Ireland

Jeff Dyas, Wales; Kay Lane, Scotland; Irene Montgomery, Ireland; Margaret Walker, England

Serving on the Regional Team for French speaking West Africa

Joelle Titti

Addendum

HCFI Regions and Countries

Region 15 FAR EAST Japan Korea, Republic (South) Korea, DPR (North) China: Macao Mongolia China: Taiwan China: Tibet	St. Pierre & Miquelon	Republic French Guiana Grenada Guadeloupe Guyana Haiti Jamaica Martinique Montserrat Nevis Puerto Rico St Croix St Lucia St Thomas (V.I.) St Vincent/ Grenadines Surinam Tortola Trinidad and Tobago	Slovakia Slovenia Ukraine	Kenya Malawi Rwanda Somalia Somaliland Tanzania Uganda
Region 20 CHINA, Peoples Republic of China Hong Kong	Region 1 U S A 50 States		Region 17 BRITISH ISLES England Ireland Scotland Wales Channel Islands Isle of Man	Region 10 FRENCH SPEAKING AFRICA Cameroun Central African Republic Congo (Brazzaville) Congo DRC (Kinshasa) Equatorial Guinea Gabon Sao Tome & Principe Benin Burkina Faso Canary Islands Cape Verde Islands Chad Cote de'Ivoire (Ivory Coast) Guinea(Conakry) Mali Mauritania Niger Senegal Togo
Region 16 OCEANIA American Samoa Australia <i>incl.</i> <i>Christmas,</i> <i>Norfolk and</i> <i>Cocos Islands</i> Cook Islands <i>incl. Niue,</i> <i>Pitcairn and</i> <i>Tokolau</i> Fiji Fr. Polynesia, Marquesas Guam Kiribati Micronesia Nauru New Caledonia New Zealand Papua New Guinea Samoa Islands Solomon Islands Western Samoa Tahiti Tonga Tuvalu Vanuatu Wallis & Fortuna	Region 5 SOUTH AMERICA Bolivia Brazil Ecuador Falkland Islands Paraguay Peru	Northern Region Bahamas Bermuda Cayman Islands Turks and Caicos	Region 6 NORDIC COUNTRIES Denmark Faeroe Islands Finland Greenland Iceland Norway Jan Mayen and Svalbard Islands Sweden	Region 11 ENGLISH WEST AFRICA Gambia Ghana Guinea Bissau Liberia Nigeria Sierra Leone
Region 2 CANADA Canada	Region 4 CENTRAL AMERICA Colombia Costa Rica Cuba El Salvador Guatemala Honduras Mexico Nicaragua Panama Venezuela	Region 18 CENTRAL & EASTERN EUROPE Albania Boznia and Herzegovina Belarus Bulgaria Croatia Czech Republic Estonia Greece Hungary Latvia Lithuania Macedonia Moldova Montenegro Poland Romania Russia Serbia	Region 7 EUROPE Andorra Austria Belgium France Germany Gibraltar Italy Liechtenstein Luxembourg Malta Monaco Netherlands Portugal San Marino Spain Switzerland French German The Holy See (Vatican City)	Region 9 EAST AFRICA Burundi Djibouti Eritrea Ethiopia
	Region 3 CARIBBEAN Anguilla Antigua and Barbuda Aruba Barbados Belize Bonaire British Antilles Brititsh Virgin Islands Cuba Curacao Dominica Dominican			Region 12 SOUTHERN AFRICA Angola

Botswana
Comoro Islands
and Mayotte
Lesotho
Madagascar
Mauritius
Mozambique
Namibia
Reunion
Seychelles
South Africa
Swaziland
Zambia
Zimbabwe

**ATLANTIC
OCEAN
ISLANDS**

Ascencion
Island

St. Helena
Tristan de Cunha

**Region 8
MIDDLE EAST;
NORTH AFRICA**

Gulf Countries:

Kuwait
Bahrain
Qatar
United Arab
Emirates
Yemen
Oman
Saudi Arabia

**Countries in
Cyprus Area:**
Cyprus

Iraq
Israel
Jordan
Lebanon
Palestine
Syria
Turkey

**North African
Countries:**

Algeria
Egypt
Libya
Morocco and
Western Sahara
Sudan
Southern Sudan
Tunisia

**Region 19
CENTRAL ASIA**

Afghanistan
Armenia incl.
Nagorno K.
Azerbaijan
Georgia
Iran
Kazakhstan
Kyrgyzstan
Tajikistan
Turkmenistan
Uzbekistan

**Region 13
SOUTH ASIA**

Bangladesh
Bhutan
India
Maldives
Nepal
Pakistan
Sri Lanka

**Region 14
SOUTH EAST
ASIA**

Brunei
Cambodia
Christmas
Islands
Cocos Islands
Indonesia
Laos
Timor
Malaysia
Myanmar
Philippines
Singapore
Thailand
Vietnam